



MANDANTORY

Park in the Past - Open water wild Swimming and use of own boat/kayak/sup board, Rules, Regulations / Waiver Disclaimer Form

All swimmers agree to swim entirely at their own risk and in the unlikely event of injury, accident, loss or damage suffered, regardless of however it may be caused no responsibility whatsoever shall be attached to the organisers, sponsors, or any persons involved in the organisation of Park in the Past Open Water Swim.

- * I agree to follow all rules and instructions in place at the time, and communicated by Park in the Past volunteers, organisers and personnel helping at the lake.
- * I certify that I am physically fit and I have no known medical issues that could put yourself or others at risk.
- * I acknowledge all risks associated with swimming and water use at Park in the Past.
- * I am aware of the risks of Blue / Green algae which is present in all open water venues in the UK and will abide by the advice given by Park in the Past if they deem it at a level unsafe to swim/paddle.
- * I waive, release and discharge the Park in the Past directors, organisers and volunteers, and I will not make any claim against them.
- * I agree to swim at my own risk and understand the dangers associated with swimming in open water, with the potential for serious personal injury and property loss. I will make sure that I enter and exit the water at the designated point, within the times stipulated by the organisers.
- * I agree to use a tow float to assist in visualisation and safety ion the water.
- * I agree to make my donation by either donating for a single swim or an annual pass at the price applicable at the time, and to do this prior to swimming.
- * I will not swim at Park in the Past unless accompanied by a fellow swimmer, or a spotter who will remain in visual contact at all times.

All swimmers must sign a declaration agreeing to obey all the clauses laid down in these rules and regulations. These rules are established with safety as the most important concern but we are also dedicated to helping you and your friends and family have a really enjoyable experience at Park in the Past.

By signing this agreement you waive all rights and are agreeing to swim entirely at your own risk. I have read this document and understand its contents.